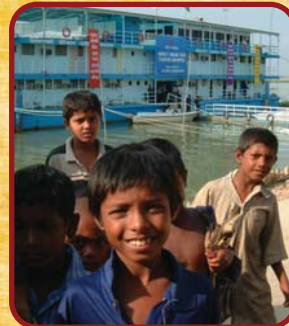




IMPACT

Action today to prevent disability tomorrow



Annual Review 2011

A message from our Chairman



This year is the 30th anniversary of the Leeds Castle conference convened at the suggestion of Sir John Wilson CBE, DCL, and under the chairmanship of Lord Home, to discuss ways to prevent avoidable disability worldwide. This led directly to the creation of IMPACT UK and our overseas IMPACT partners and, through their dedicated work, to the betterment of millions of lives. The statistics are amazing; the individual stories even more so (see some of them on page 19).

Our work goes on and is expanding in scope and into new areas like Cambodia and Zanzibar. But fundraising in the current economic climate is very difficult, which is why we are so happy that more and more of our partners are engaging in their own fundraising activities. And, very hearteningly, the number of individual contributors to IMPACT UK has actually increased at the very moment when the economic clouds are at their darkest! That says something very positive about you and, I hope, about IMPACT. So profound thanks to you all and please continue to spread the IMPACT message to friends and acquaintances. We do not waste money on expensive advertising so word-of-mouth is invaluable. It goes without saying that funds are always needed.

Please be assured that we, for our part, continue to give real value for money by putting 90 pence in every pound you give direct into front line projects helping the neediest people. This compares very favourably to many charities.

Thank you again and I hope you enjoy reading about what we have been doing over the past year.

David Walker, CMG, CVO
Chairman

The urgent need for IMPACT's work



Disabling conditions affect at least 10% of the world's people; that is 650 million men, women and children. 80% of disabled people live in the poorest countries and more than 200 million are children. While we tend to think of disability as something one is born with, actually, the vast majority of disabled people are affected by conditions which are entirely preventable or treatable, often with techniques which are routinely available in richer countries.

Needless disability accounts for a huge toll of human suffering, unfulfilled potential, and economic loss. Disabled people rank among the poorest of the poor in the developing world; some estimates suggest that only 1% are able to attend school or find employment. Paying for medical treatment can push the whole family into abject poverty and many are forced to rely on traditional healers who frequently do more harm than good.

The world's population is growing and ageing so the incidence of needless disability is only going to increase unless steps are

taken to widen access to healthcare, safe water and sanitation and to ensure everyone has nutritious food to eat.

As you will see in this report, IMPACT is working tirelessly to address these challenges for the poorest and most vulnerable people, and to take action which creates lasting change. For example, teaching families about basic nutrition and how to grow vegetables to eat is a more sustainable solution to malnutrition than simply handing out vitamin pills. The average cost of establishing a kitchen garden is just £20 but the benefits will last a lifetime. Likewise, restoring a person's vision, hearing or mobility through surgery, which costs us on average £30, provides the opportunity to work and live independently.

Through our international programme of action, we are breaking the age-old link between poverty and disability to provide brighter futures for men, women and children who, because of where they were born, are much more likely to become, and remain, needlessly disabled.

Our Aim:

IMPACT's aim is simple – that no one should be needlessly disabled by disease, lack of knowledge or shortage of medical services.

Our Challenge:

One in 10 of the world's people live with disability

80% live in developing countries

One-third are children

Most of them were not born disabled and their condition could have been prevented or could be reversed with access to appropriate treatment.



Our Priorities for Action:

- 1) **The Early Identification and Treatment** of potentially disabling conditions before irreparable damage is done to a person's health, life and opportunities.
- 2) **Making Surgery Accessible** to ensure that people who need operations to restore their sight, hearing or mobility or repair cleft lip do not miss out because of poverty or remoteness. We take the hospital to the people.
- 3) **Safer Motherhood and Child Survival** to protect the lives of pregnant women, new mothers and infants at a potentially harmful time.
- 4) Ensuring **Immunisation** which can prevent the spread of disabling diseases such as polio is accessible to all.
- 5) **Ending Malnutrition** which is a prime cause of needless mental and physical impairment. Almost a billion people are affected.
- 6) Improving access to **Safe Water and Sanitation** to stop the spread of deadly waterborne diseases.

'Health is wealth' so these measures combine to make a positive impact on poverty. Wherever possible, we combine our priorities into integrated programmes of action which maximise the benefits for communities and minimise the cost of implementation.

Where we work

The IMPACT movement is a partnership of like-minded organisations in Africa, Asia and Europe. Each is run by local people who are close to the men, women and children we serve and who know what really needs to be done. This also removes unnecessary tiers of administration and keeps costs low. Empowering local people to meet their own needs is the only way to achieve sustainable change for the better.

We work together on projects and income generation in:

Africa

Kenya
Tanzania
Zanzibar

Asia

Bangladesh
Cambodia
India
Nepal
Pakistan
Sri Lanka
Thailand
The Philippines

Europe

The UK
Norway
Sweden
Switzerland



Early Identification and Treatment

- 285 million people are affected by sight problems yet 80% of visual impairment can be prevented or treated
- Almost the same number of people have impaired hearing; early detection can prevent many conditions from developing or worsening
- Potentially disabling conditions can only be treated if they are first identified

It is estimated that one billion people lack access to healthcare systems. It is no surprise therefore that even minor injuries or infections can quickly escalate into permanently disabling conditions. This helps to explain the high concentrations of disabled people living in remote rural areas where health facilities are few and far between.

IMPACT's strategy is to reach them, in a number of innovative ways, in order to screen for the early warning signs of disabling conditions such as sight or hearing loss and to provide effective treatment. Our medical teams also help people with other health problems including club foot, burns, cleft lip hypertension, and dental

pain. Dedicated centres provide hearing aids, bespoke mobility aids and prosthetic limbs.

We support general health clinics run by our partners in remote areas of Bangladesh, Cambodia, India, Kenya, Nepal, Pakistan, Sri Lanka, Tanzania, The Philippines and Zanzibar.

These provide an invaluable service to the poorest people who would otherwise have no chance to receive medical attention. Specialist clinics are also established. We have been able to open a new Primary Ear Care Centre in Saptari, Nepal this year thanks to the support of Jersey Overseas Aid Commission.

IMPACT's aim is to reach the least served men,





women and children and this often means innovative solutions to meet local challenges. Mobile clinics in minibuses and four-wheel drive vehicles and on boats enable medical teams to access hard-to-reach villages. We have partnered with The Lake Clinic in Cambodia this year. This boat clinic serves people living in floating villages on the vast Tonlé Sap Lake and we hope to launch another clinic here if funds become available.

We are delighted to report that IMPACT Bangladesh treated its one millionth patient this year.

An excellent way to reach thousands of vulnerable youngsters is to educate the people they come into contact with every day to check them for health issues. A programme of training for teachers, nursery school teachers, and students creates School Health Monitors who are able to identify sight, hearing and other problems and refer children to our teams for treatment. We would never be able to reach so many people otherwise. In fact, nursery school teachers in Pune, India checked more than

a million young children across 15 districts this year. First Aid kits are given to schools so that minor injuries can be dealt with quickly.

IMPACT also builds the capacity of local medical professionals by facilitating on-going training. This enlarges the skills and knowledge reservoirs in impoverished areas and aids the sustainability of our projects.

£15,000-
£25,000
Establishes a
mobile clinic

IMPACT's good news

More than 1.9 million men, women and children have been examined and provided with treatment this year

Accessible Surgery

- Cataract remains the leading cause of blindness globally; the incidence of cataract is increasing as the population ages
- 80-90% of the world's hearing and visually impaired people live in developing countries
- More than 100,000 babies are born with club foot each year; if caught early, it is very treatable

Disability is inextricably linked to poverty. It is both a cause and a consequence of deprivation, yet so many disabling conditions can be alleviated using skills and technology we already have, often at low-cost. For example, a straightforward cataract operation can take as little as 20 minutes to restore a person's sight yet 18 million older people are still blinded by cataracts. People in the developing world are also affected at a younger age and many children have the condition. Restoring a person's vision helps them back to work or to learn in school thereby improving prospects and removing a burden of care from their families.

Much hearing and mobility loss and disabling conditions such as cleft lip could also be treated; with life-transforming results. Scant medical facilities in rural areas,

long distances to hospitals and lack of money to pay for care means that most people in outlying villages are unlikely ever to receive the treatment they need leaving them unnecessarily disabled and trapped in hardship for life. IMPACT's solution is to 'take the hospital to the people' in innovative ways tailored to local conditions or to establish static facilities to provide quality medical services in remote areas.

For example, the Lifeline Express hospital train in India, the 'Jibon Tari' floating hospital in Bangladesh, a mobile surgical tent in Nepal and outreach clinics in many countries enable the medical teams IMPACT supports to take surgery and healthcare directly to underserved people. These include a mobile orthopaedic clinic which we helped to establish in Tanzania to travel into villages and identify children with conditions such as club foot or burned limbs.





Treatment and aftercare is provided to get them back on their feet where previously they were often hidden away.

The IMPACT programme is lucky to benefit from the time and experience of volunteer surgeons from many parts of the world who visit our projects to undertake operations and enhance the training of local surgeons. This strategy builds skills and knowledge which remain in the country to be used for the on-going benefit of the poorest people.

This year, for the first time, we have supported our partners in Bangladesh and Tanzania to provide neurosurgery for children with hydrocephalus. In Bangladesh, one in five children with the condition will die before their seventh birthday and more than 50% of them will have some degree of brain damage. Timely surgery can reduce the risks associated with hydrocephalus and greatly improve an affected child's quality of life however it is not widely available in the developing world and prohibitively expensive for most families. Our operations are provided free of charge.

Many surgical interventions require a good deal of aftercare to ensure the person benefiting gets the best possible results so we support assistive device centres making callipers and mobility aids in Bangladesh and Nepal and the distribution of high-quality modern hearing aids in Cambodia, India, Nepal and Zanzibar.

£30

Operation to restore sight, hearing or mobility or to repair cleft lip

IMPACT's good news

16,758 men, women and children received an operation to alleviate their disabling condition

Safer Motherhood & Child Survival

- Each day 1,000 women die in pregnancy or childbirth (99% of them lived in the developing world). One million children are left motherless annually putting their survival at risk
- For every woman who dies, 20 more are damaged by conditions such as fistula
- The number of maternal, infant and child deaths is falling but the incidence is still too high

In the past 20 years, the number of maternal deaths has fallen by one-third and 12,000 fewer young children now die each day. This is undoubtedly good news. We know that the measures being taken around the world are working but efforts must be redoubled if we are to eradicate this scourge of untimely death which disproportionately affects the very poorest women and children.

IIMPACT has played our part in the remarkable progress made. 'Safer Motherhood and Child Survival' has been a key priority since our inception and we continue to implement a host of effective initiatives.

One of the best ways to keep mothers and infants safe is regular health monitoring and trained assistance during delivery. Traditional Birth Attendants (TBAs) are local women who deliver most of the babies in developing countries. They usually have no formal training and some of their methods put lives at risk. IIMPACT

provides comprehensive instruction and sterile equipment kits to TBAs to enable them to carry out their work more safely in Bangladesh, India, Nepal and Pakistan (where an encouraging 94% of births were attended by a trained health worker in our target area this year).





Healthcare for women can be a low priority, especially when a family has little spare money. Through our projects, we are creating understanding that a mother's health is essential to the wellbeing of the entire household. We also provide ante and post natal care through mobile clinics in Kenya and Zanzibar and static clinics in Bangladesh, Nepal and Pakistan. Monitoring is crucial to identifying and managing potentially life-threatening problems such as pre-eclampsia. In IMPACT's project in Nepal, 82% of pregnant women attended all four of their antenatal sessions, which is a significant improvement on only a few years ago. In Zanzibar, the mobile 'Obs/Gyn' clinic has already saved several lives.

Women who give birth alone, without professional help or miles from the nearest health facility are at greater risk of developing a fistula (a tear in the birth canal). Sadly, during the obstructed labours which cause fistula the baby often dies. We support a dedicated fistula unit in Arusha, Tanzania, where impoverished women come for surgical repair. IMPACT Bangladesh also

provides fistula operations when funds allow.

We also continue to establish Mothers' Clubs in Bangladesh and India which are a forum for women to meet each month and learn about health and nutrition.

They have thousands of members who are taking proactive steps to enhance the wellbeing of their families.

£87
Trains and equips another Traditional Birth Attendant

IMPACT's good news

More than 29,000 mothers received maternity care this year; giving them the best chance of a safe pregnancy and delivery

Immunisation

- Vaccines have saved more lives than anti-biotics
- For the first time in recent history, the number of children dying each year has fallen below 10 million; immunisation played a crucial part
- Yet 20% of the children born each year do not receive the immunisations they need



Immunisation has been practiced for centuries and has become a safe and cost-effective weapon in the fight against disease. Smallpox was eradicated and a global campaign has reduced polio's incidence dramatically. However, the challenge remains to reach people in the remotest corners of the world, not only to protect individuals but to prevent contagious disease re-gaining a foothold.

IMPACT Foundations in Africa and Asia and our Indian partners the PNR Society in Bhavnagar and the KEM Hospital in Pune, take the message of the 'magic of immunisation' to men and women living in villages effectively cut-off from the progress being made in cities. When health workers tell people about immunisation, they can be suspicious but when they learn it safeguards their children, they are keen to get them vaccinated. After an encounter with an IMPACT worker, one father in Nepal told fellow villagers that immunisation is like *'putting a fence around your child to protect them'*.

Half of all foetuses are affected when mothers contract rubella (German measles) in early pregnancy. Babies may be born with visual or hearing impairment, heart defects, and mental retardation. Miscarriage or stillbirth may also occur. Immunising women before they become pregnant prevents Congenital Rubella Syndrome, yet the vaccine is not routinely given in the developing world. We are visiting schools to raise awareness and vaccinate girls. Our partners in Pune beat their vaccination target by 74% and in Bhavnagar, 5,000 girls were immunised in just one day. Thanks to dedicated local health workers, almost 35,000 girls were protected this year.

IMPACT's good news

63,935 people have been immunised against potentially disabling diseases such as rubella (German measles) with our input this year

Comprehensive Action



Wherever possible, we implement comprehensive projects which combine many of the initiatives detailed in this report. This approach brings the greatest benefits to a community by helping to meet essential requirements for safe water, sanitation, and appropriate healthcare. It is also cost-effective.

Integrated projects are making a real difference in Bangladesh, Cambodia, India, Kenya and Nepal; each addressing specific local needs. For example, in Nepal, small loans are helping disabled people to start businesses such as candle making or goat rearing; while in Kenya, trees are being planted in arid areas to improve soil quality for growing vegetables and provide shelter for people and livestock. In Bangladesh, Kenya and Zanzibar teachers and pupils are being trained to examine students for signs of disability. Health workers provide appropriate remedies.

Health education is a key feature of our comprehensive action since unless people understand about hygiene, sanitation, disease and nutrition they cannot take steps to protect themselves. IMPACT and our partners have empowered 639,202

men, women and children with information this year.

Comprehensive projects which tackle needless disability and health challenges on a number of fronts give communities a 'hand up' by removing a major obstacle to development. Long-term change can be achieved as a result.

£43

Establishes another Mothers' Club

IMPACT's good news

Inner Wheel Clubs adopted the IMPACT Family Health comprehensive project which benefited five villages in Bangladesh this year



Safe Water and Sanitation

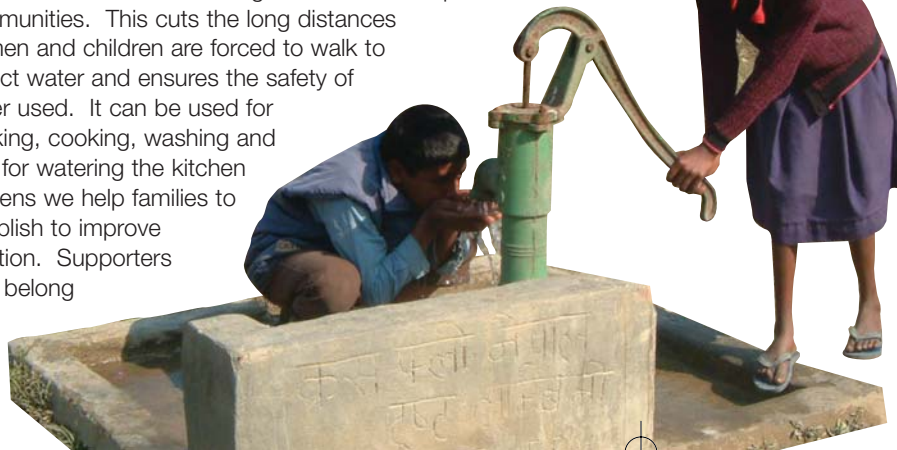
- Lack of access to safe water and adequate sanitation is a global health crisis allowing diseases such as cholera to spread with impunity. Diarrhoea kills 4,000 children every day
- 1 in 8 people do not have regular access to safe water; they may walk miles per day to collect unclean water from the nearest source
- More than a third of the world's population (2.6 billion people) have inadequate sanitation

Safe water and sanitation are the foundation blocks upon which development is built; it is impossible for a community or nation to move forward if constant sickness holds its people back. Along with shelter, food and healthcare, they meet basic human needs and are inextricably linked.

In many of the countries where we work, the installation of tubewells and boreholes brings safe water into poor communities. This cuts the long distances women and children are forced to walk to collect water and ensures the safety of water used. It can be used for drinking, cooking, washing and also for watering the kitchen gardens we help families to establish to improve nutrition. Supporters who belong

to IMPACT's Luncheon Club in the UK are raising funds to drill a borehole in Kenya.

In Zanzibar, 25 more water tanks have been installed within villages. These act as reservoirs for water pumped from underground and enable easy access to clean water on their doorsteps. Thanks to a generous grant from the States of Guernsey Overseas Aid Commission a whole village in Tanahun district, Nepal, is getting a pumped water supply to prevent them walking over mountainous terrain to the spring. This is a true partnership as the beneficiary community pledged to meet a significant proportion of the resources needed themselves and are supplying all of the labour.





In Bangladesh, 97% of the population rely on ground water but estimates suggest almost two-thirds of it is contaminated by naturally-occurring arsenic. Long-term consumption is slowly poisoning millions of people. IMPACT is providing the poorest families with award-winning 'Sono' Filters to remove arsenic from water. These cost just £52 each and can protect a family for 5-10 years. 950 filters were provided this year but there is an urgent need for more.

To improve sanitation, IMPACT is also installing toilets in schools and the homes of the most vulnerable people in Bangladesh and Nepal.

The worst floods in Pakistan's history struck in July 2010. The scale of the tragedy was immense; it affected more people than the 2010 Haitian earthquake, the 2005 Pakistan earthquake and the Asian Tsunami put together. Thanks to IMPACT's generous supporters and our local partner on the ground, action was quickly taken. IMPACT Pakistan was allocated a camp of 2,500

displaced men, women and children and was able to provide tents, clean water and regular hot meals. This undoubtedly contributed to saving lives. A tented school was even set up to occupy 50 boys and 70 girls. In the long-term, boreholes will be drilled and construction materials are being provided to help rebuild homes.

£52

Arsenic filter for
a family in
Bangladesh

IMPACT's good news

1,318 more sources of safe water were provided to families and communities this year

Ending Malnutrition

- Globally, 1 in 3 people are malnourished but the poorest people who have inadequate access to clean water and sanitation are most likely to be affected
- The incidence of malnutrition dwarfs most other diseases
- Malnutrition increases the risk of disease and early death and plays a major role in half of all deaths in children under 5 years old



Throughout the developing world, food prices are rising fast. Even small increases push thousands of households over the poverty line. 60-80% of a poor family's income is spent on food.

IIMPACT is empowering people with understanding about nutrition and helping them to grow vegetables to meet their need for micronutrients and to provide protection against food inflation. Surplus produce can be sold generating income to buy meat or dairy, school books and start businesses.

Where a person is at immediate risk of severe malnutrition, micronutrient supplements and anti-parasitic drugs are the only solution. We distribute folic acid and iron during maternity clinics and vitamin A is given to protect children's eyesight. This year, more than 100,000 people received supplements and 82,000 people were given anti-parasitic drugs.

Iodine deficiency affects two billion people. It is the single biggest preventable cause of mental retardation and plays a role in a number of health conditions. Distributing salt fortified with iodine

is an effective remedy; IIMPACT provides it to poor families in Cambodia, Nepal and The Philippines. Also in Nepal, 'sarbottam pitho' (a fortified flour) is helping to save young lives in our project in Rupendehi.

£20

Establishes a kitchen garden



IMPACT's good news

21,707 more kitchen gardens have been established enabling malnourished families and school children to grow and eat vegetables

Neighbourhood Healthwatch in the UK

- In the UK, two-thirds of people are now overweight or obese
- Unhealthy diets are directly linked to rising obesity and illnesses such as heart disease, stroke, diabetes and some cancers



IMPACT is committed to preventing malnutrition in all its forms. At one end of the spectrum our work in the developing world focuses on boosting nutritional uptake; whilst in the UK we are tackling the equally serious issue of unhealthy diets and the excessive intake of food.

In Sussex, our 'Neighbourhood Healthwatch' project helps low-income and marginalised groups to improve their diets and make healthy lifestyle choices.

'Get Cooking' courses give people with limited experience the opportunity to gain basic cooking and nutrition skills and the confidence to put these into practice; and our gardening schemes reconnect people with where their food comes from and give easy access to fresh produce.

Raised beds have been established in schools and our community garden on donated land is cultivated by the residents of a local estate who have restricted outdoor space. Two of the beds are tended by nursery schools, which is encouraging pre-schoolers to develop early healthy eating habits.

Local teachers are concerned that some pupils do not know how to use cutlery and have never sat down to a nutritious meal with their family. So in West Sussex our 'Tasty Team' initiatives are helping schools to make healthy eating part of their school's culture.

We hold fun, interactive assemblies to introduce the importance of good nutrition, followed by tasting sessions which enable children to try new foods and complete special feedback forms to give to their parents.

After school 'Get Cooking' courses help families to learn basic kitchen skills together. Working as a family makes learning more fun, reinforces the health message and is more likely to result in behavioural change.

IMPACT's good news

75% of parents attending our cooking courses have made long-term positive changes to their diets

Financial information

Financial Summary

2010/11

Income

Donations and Gift Aid	1,659,469
Inner Wheel support	18,140
Rotary support	14,744
Events	40,675
Investments	37,972


1,771,000

Expenditure

International programme, research and development of new projects	1,648,414
United Kingdom programme	66,270
Cost of generating funds	119,298
Administration and Governance	54,670

1,888,652

The information on this page is a summary, extracted from the full annual accounts prepared in accordance with the Companies Act 1985 and the Statement of Recommended Practice. These accounts were approved by the Trustees on 22nd June 2011. The full accounts have been audited and the Auditor's opinion is unqualified. The accounts are filed with the Charity Commissioners and the Registrar of Companies.



MANSER HUNOT

Chartered Accountants and Registered Auditor, Highland House, Albert Drive, Burgess Hill, West Sussex, RH15 0TN
28th June 2011

Bankers: Barclays Bank plc. 77 South Road, Haywards Heath, West Sussex, RH16 4LB

For further info, the full audited accounts and annual report should be consulted. Please contact us if you would like 17 a copy (tel: 01444 457080). IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH

IMPACT Foundation Members of Council 2010/2011

Council Members who are Directors and Trustees:

Honorary President

Lady Wilson, OBE, FRCOphth (Hon)

Chairman

David Walker, CMG, CVO

Vice-Chairmen

Padman Ratnesar, FRCS, FACS

Nicholas Astbury FRCS, FRCOphth, FRCP

Honorary Treasurer

Peter Webster, MA, FCA

Robin d'O. Hope

David Jameson Evans, FRCS, FRCS (C)

Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCPG

Alan Moncrieff-Smith, FRGS

John Mowbray, QC

Lady Prance

Captain John Scott

Seema Shah, MSc, RHAD, MSHAA

Vinit Shah, MBBS, MRCP, FRCPCH

Gordon Thomson, CBE

Council members have no financial interest in the Foundation; their services are provided without reward.

We also benefit from the skills and experience of a dynamic international Advisory Committee, details of which can be provided upon request

Senior Management Team:

Judi Stagg, Chief Executive/Company Secretary

Sarah Parfoot, Funding & Development Director

Putting your money to work

The global economic downturn is widening the gap between rich and poor. Rampant inflation increases the proportion of poor households' spending on essentials such as food and fuel. Healthcare is a luxury for a dwindling minority. The financial crisis has made it harder to raise funds yet it also makes our action more important than ever.

Our structure is different to many charities. Internationally, IMPACT comprises 16 members; all are autonomous and run entirely by local people. We work in close partnership. This has clear advantages; empowering people to solve their own challenges is sustainable, ethical, cost-effective and flexible.

This was demonstrated during devastating flooding in Pakistan. Thanks to our local partner and our generous supporters, we helped to save lives by quickly providing food, clean water and shelter. More than £90,000 was raised and put to work.

IMPACT is incredibly cost-efficient. 90% of our expenditure was invested directly in our projects. Fundraising accounts for just six pence in the pound; for every £1 expended on it, we receive nearly £14 back to support our work.

Until financial times improve, we are focusing on our existing projects. However, we have supported The Lake Clinic in Cambodia and several 'one-off' projects this year in addition to our on-going commitments.

The achievements documented in this review would not be possible without our dedicated volunteers who perform operations overseas, teach healthy eating in Sussex, help with mailings, and participate in so many other ways.

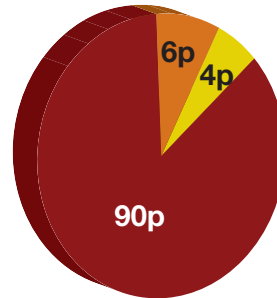
We extend our thanks to Shell International Limited for hosting our AGM and reception; and for gifts of services and products our thanks go to Rayner Intraocular Lenses Limited, Aid to Hospitals Worldwide, the Rotary Club of Ipswich, Mike O'Connell, Judy Mewburn and David Jameson Evans.

Something about IMPACT's ethos, methods and aims attracts extremely loyal supporters. We are working hard to grow their ranks in order to power our international programme of action for the future. So, if you know of someone who might be interested in IMPACT's work, please pass this review on to them.

Thank you for your essential partnership.

Peter Webster MA, FCA
Honorary Treasurer

How every £1 is invested:



- 90p** Projects for the prevention and alleviation of needless disability and programme development
- 4p** Governance, administration and capital expenditure
- 6p** Fundraising

Every £1 invested in fundraising produced £13.91 more to support our work

Real lives transformed



In Bangladesh:

60 year-old Shahera lost her independence once her vision failed and she resorted to begging to make ends meet. Now that IMPACT Bangladesh has restored her sight, she is able to take in sewing to generate her own income. She told us '*Poverty is no longer my daily companion*'.



In Cambodia:

Chanthoeun lost his right leg to a land mine. First, with IMPACT Cambodia's help, he established a kitchen garden and has been selling the surplus to earn money. Then IMPACT provided a latrine so his family could improve their health and living conditions. Chanthoeun decided to invest some of the money he has earned from his crops in 'upgrading' his latrine to have a concrete shelter rather than the wood constructions many families build. His whole family is benefiting from the improved sanitation.



In Kenya:

5-year old John had been experiencing difficulty hearing for a year when the IMPACT East Africa screening team arrived in his class. His speech was also impaired as a result of his hearing loss and his education was suffering. John had Otitis Media, a common ear disease, and a course of treatment cleared the infection. John can now hear well again and his speech impairment will correct itself. He can also hear his teacher!



In Zanzibar:

A 20-year old lady on her fourth pregnancy came to an IMPACT-supported obstetrical/gynaecological camp complaining of headaches, dizziness and swollen limbs. Tests revealed that she was suffering with pre-eclampsia which would endanger the lives of both mother and baby if left. An emergency Caesarean Section was carried out and a healthy baby girl was delivered.

Future plans

There are at least 650 million disabled people in our world and the majority of them are disabled quite needlessly. This represents an unacceptable burden of human suffering and lost opportunity. The time has come for the knowledge, technology and resources which can prevent disability and ill-health to be shared more equitably between rich and poor. As funds become available, IMPACT hopes to play our part by:

- Improving access to safe drinking water through provision of arsenic filters and water tanks, digging wells, and installing gravity fed water systems wherever there is an urgent need for them
- Establishing more home gardens to provide food security and income generation
- Starting a new programme in Zanzibar to reduce mortality and disability through better maternal and early childhood healthcare
- Supplying essential medical equipment to increase the capacity of a project or to replace worn out apparatus
- Improving access to primary ear care and hearing aids in rural Cambodia
- Expanding IMPACT's work in Meherpur, Bangladesh, by providing accommodation for doctors thereby securing their long-term participation and also instigating a model eye care programme
- Continuing to encourage the uptake of vaccinations
- Facilitating visits of essential teams of volunteer ENT, ophthalmic, plastic and orthopaedic surgeons who train local doctors and perform operations for people who would otherwise remain disabled
- Helping to establish a new floating clinic on the Stung Sen river, Cambodia
- Continuing to encourage and assist our partners to raise funds, thereby helping them reach self-sufficiency
- Encouraging exchange and learning visits between our overseas partners
- Increasing the flow of unrestricted funds to drive expansion of our programme
- Sustaining our existing commitments
- And much more as opportunities arise



The time to IMP-ACT is now

Your gift can provide good health and the chance of a brighter future to even more men, women and children living in poverty; restoring sight, hearing or mobility and protecting vulnerable communities from the threat of disease.

Make a donation your way

Donations can be made by telephone, post or via our website. Alternatively, why not set up a standing order? Regular gifts help us plan our work, as well as reducing our costs.

Don't forget to Gift Aid!

UK Taxpayers can boost their donation by 25%, at no extra cost to themselves.

Simply sign and return the Gift Aid Declaration if you are eligible and we'll take care of the rest. There are further tax benefits which higher rate tax payers may wish to explore.



FUNdraising

Some fundraising ideas never go out of fashion. Events like 'wine and wisdom' and coffee mornings are sure fire ways to generate vital funds. The more intrepid may take inspiration from supporters who have scaled Mont Blanc and Kilimanjaro in aid of our work.

Setting up an online fundraising page helps you collect sponsorship money and garner support—find us at www.virginmoneygiving.com.



Spread the word

We prefer to invest our supporters' gifts in helping people in need, rather than on expensive advertising, so please help us to spread the word. Joining us on Facebook is one way to tell your friends about IMPACT.

A lasting legacy

There has never been a better time to include IMPACT as part of your legacy. Donors leaving 10% to charity now benefit from a 10% reduction in inheritance tax.

Our promise to you

Our small team in the UK promise to keep our running costs as low as we can, so that we can spend every penny possible on our projects. Gifts given for specific purposes are always used as intended.

Regular Giving Form - please return to IMPACT

1) I would like to make a lasting difference to IMPACT's work with regular gifts.
Please instruct my Bank Manager at:

Bank:

Branch Address:

Postcode:

Sort Code:

Account Number:

2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£ each Month / Quarter / Year (please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£ each Month / Quarter / Year (please circle one)

3) I wish my gifts to begin on (Date) and continue until further notice

4) Signed:

5) Name: (Mr./Mrs./Miss/Ms.)

Address:

Postcode:

If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid it box on the form opposite and send both forms to: Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK



IMPACT is a Registered Charity, Number 290992

Thank You

Please help us to help others

I would like to support IMPACT's work with a gift of

£ Thank you. Your gift today will prevent disability tomorrow.

I enclose a cheque or postal order payable to IMPACT Foundation
Or please charge my Master/Visa/CAF card CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number:

Issue Date: Expiry Date: Security Code:

Tel No* : Signature:

Name: (Mr./Mrs./Miss/Ms.)

Address:

Postcode:

Email:



Gift Aid it - it will increase your gift at no extra cost!

I am a UK taxpayer and I wish all donations I have made to the IMPACT Foundation in the past four years and all donations I make hereafter to be treated as Gift Aid donations

Or
 I am NOT a UK taxpayer

**Please return this form to:
Judi Stagg, IMPACT Foundation,
151 Western Road, Haywards
Heath, West Sussex, RH16 3LH, UK**

The Inland Revenue has asked us to remind you to let us know if you no longer pay an amount of income or capital gains tax equal to the tax we reclaim on your gifts, or if your name or address changes.

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*For your security, we may need to telephone you to confirm your credit card gift



IMPACT Foundation

151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK
Tel: 01444 457080 Fax: 01444 457877 Email: impact@impact.org.uk Website: www.impact.org.uk

Registered Charity Number 290992. The cost of producing this review, which is also available on our website, has been met by a specific donation. We are most grateful to friends who have contributed photographs.